

## QUICK QUOTE FOR SLEEP APNEA

**CLIENT:** NAME \_\_\_\_\_ /  M  F / DOB \_\_\_\_\_ AGE \_\_\_\_\_ / HT \_\_\_\_\_ WT \_\_\_\_\_ / STATE \_\_\_\_\_

AMT. REQUESTED \$ \_\_\_\_\_ / MAX. ANNUAL PREMIUM \$ \_\_\_\_\_ / TYPE OF INS.  UL  TERM YRS. LVL \_\_\_\_\_

TOBACCO USE  NO  YES, TYPE \_\_\_\_\_ / REPLACEMENT  YES  NO / CURRENT ANN. PREM. \$ \_\_\_\_\_

LAST LIFE INSURANCE APP. YEAR \_\_\_\_\_ COMPANY \_\_\_\_\_ ACTION \_\_\_\_\_

OCCUPATION \_\_\_\_\_ / MARITAL STATUS  SINGLE  MARRIED  WIDOWED  DIVORCED

FAMILY HISTORY –  
AGE, IF STILL LIVING: FATHER \_\_\_\_\_ MOTHER \_\_\_\_\_ SIBLING 1 \_\_\_\_\_ SIBLING 2 \_\_\_\_\_ SIBLING 3 \_\_\_\_\_

IF ANY DECEASED, PROVIDE RELATION, AGE AND CAUSE OF DEATH \_\_\_\_\_

HAVE ANY OF YOUR FAMILY MEMBERS BEEN DIAGNOSED WITH CANCER, DIABETES OR HEART DISEASE PRIOR TO AGE 60? IF YES, PROVIDE RELATION, ILLNESS AND AGE OF ONSET \_\_\_\_\_

DRIVING RECORD - # OF VIOLATIONS IN PAST 3 YEARS \_\_\_\_\_ / # OF DUI / RECKLESS DRIVING PAST 5 YEARS \_\_\_\_\_

DO YOU EXERCISE 3 OR MORE TIMES PER WEEK?  NO  YES, DETAILS \_\_\_\_\_

DATE OF LAST MEDICAL CHECKUP \_\_\_\_\_ RESULTS \_\_\_\_\_

DATE OF LAST RESTING EKG \_\_\_\_\_ RESULTS \_\_\_\_\_

LAST BLOOD PRESSURE READING (EXAMPLE 140/80) \_\_\_\_\_ / ARE YOU TREATED FOR BLOOD PRESSURE?  NO  YES

LAST TOTAL CHOLESTEROL READING AND HDL READING \_\_\_\_\_ / ARE YOU TREATED FOR CHOLESTEROL?  NO  YES

**AGENT:** NAME \_\_\_\_\_ PHONE \_\_\_\_\_ FAX \_\_\_\_\_

ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ ST \_\_\_\_\_ ZIP \_\_\_\_\_

<p>1. PLEASE GIVE DATE OF DIAGNOSIS _____</p> <p>2. PLEASE NOTE TYPE OF SLEEP APNEA:  <input type="checkbox"/> OBSTRUCTIVE  <input type="checkbox"/> CENTRAL  <input type="checkbox"/> MIXED</p> <p>3. HAS A SLEEP STUDY, OR STUDIES, BEEN COMPLETED?  <input type="checkbox"/> YES <input type="checkbox"/> NO, IF YES, PLEASE NOTE DATE(S) OF STUDY(IES):          FIRST STUDY _____ LAST STUDY _____</p> <p>PLEASE NOTE THE FOLLOWING RE: SLEEP STUDY:          LOWEST OXYGEN SATURATION LEVEL _____</p> <p>APNEA INDEX (AI) AND RESPIRATORY DISTURBANCE INDEX (RDI) RESULTS:          AI = _____ RDI = _____ (NUMERIC VALUES)</p> <p>4. WHAT TREATMENT HAS BEEN PRESCRIBED (PLEASE CHECK ALL THAT APPLY):  <input type="checkbox"/> OBSERVATION ALONE  <input type="checkbox"/> WEIGHT LOSS ALONE  <input type="checkbox"/> CPAP MASK: IF CHECKED, DATE LAST USED _____  <input type="checkbox"/> SURGERY; IF CHECKED, PLEASE PROVIDE TYPE AND DATE OF SURGERY: _____  <input type="checkbox"/> MEDICATION (PLEASE DETAIL TYPE AND DOSAGE): _____</p>	<p>5. ARE THERE ANY CURRENT SYMPTOMS?  <input type="checkbox"/> NO <input type="checkbox"/> YES, DETAILS _____</p> <p>6. HAS THE CLIENT EXPERIENCED ANY OF THE FOLLOWING ILLNESSES (CHECK ALL THAT APPLY AND GIVE DETAILS):  <input type="checkbox"/> ARRHYTHMIA, TYPE _____  <input type="checkbox"/> OTHER HEART RELATED CONDITION, TYPE _____  <input type="checkbox"/> ASTHMA, COPD OR EMPHYSEMA, TYPE _____  <input type="checkbox"/> DEPRESSION  <input type="checkbox"/> OVERWEIGHT; PLEASE CONFIRM HT _____ WT _____</p> <p>7. HAS THE CLIENT SMOKED CIGARETTES IN THE PAST 12 MONTHS? <input type="checkbox"/> NO <input type="checkbox"/> YES; PLEASE DETAIL AMOUNT PER DAY AND DATE STOPPED, IF NO LONGER SMOKING:          _____</p> <p>8. LIST ANY OTHER ILLNESSES OR IMPAIRMENTS (COMPLETE ANY OTHER QUICK QUOTE FORMS THAT MAY APPLY) ALONG WITH ALL MEDICATIONS AND VITAMINS TAKEN:          _____          _____          _____</p>
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